CHRIST COLLEGE, UMEIT

Christ College recognizes sports and physical education as essential components of holistic student development. The institution believes that participation in sports and physical activities promotes physical fitness, mental well-being, discipline, teamwork, leadership qualities, and a spirit of sportsmanship among students.

The college is committed to providing adequate sports facilities and creating opportunities for students to participate in various indoor and outdoor sporting activities. The institution also aims to strengthen its existing sports infrastructure through the establishment of new sports facilities and the gradual modernization of available resources.

Existing Sports Facilities

The college provides and maintains sports facilities to encourage students' participation in physical education, recreational activities, and competitive sports.

The existing sports facilities include the following, as applicable:

Outdoor playground/open ground for sports and physical activities.

Football playing area.

Indoor games facilities, including chess, carrom, and table tennis, wherever available.

Sports equipment and accessories for students.

Space for physical exercise and recreational activities.

The college encourages students to make effective use of available facilities and participate in inter-college, university-level, and other sporting competitions.

Sports Activities and Student Participation

The institution encourages active participation in sports through:

Annual sports and athletic meets.

Inter-departmental sports competitions.

Participation in inter-college and university-level tournaments.

Organization of indoor and outdoor sporting events.

Awareness programmes on physical fitness and healthy lifestyles.

Encouragement of students to participate in district, state, and national-level sporting events.

Plans for Improvement and Development of Sports Facilities

The college proposes to improve its sports infrastructure in a phased manner to provide students with better opportunities for physical education, recreation, and competitive sports.

The proposed developmental initiatives include:

A. Development of New Sports Establishments

Construction and development of a dedicated multipurpose sports ground.

Establishment of a properly designed volleyball court.

Development of a badminton court with suitable playing facilities.

Establishment of a basketball court.

Creation of a dedicated space for physical fitness and exercise activities.

B. Improvement of Existing Infrastructure

Renovation and maintenance of existing playgrounds and sports areas.

Improvement of playing surfaces and boundary facilities.

Installation of sports equipment and necessary accessories.

Provision of adequate lighting and basic safety arrangements.

Development of storage facilities for sports equipment.

C. Procurement of Sports Equipment

Purchase of footballs, volleyballs, basketballs, badminton equipment, and other sports accessories.

Procurement of indoor game equipment.

Provision of athletic equipment for track and field events.

Regular replacement and maintenance of sports materials.

D. Promotion of Sports and Physical Fitness

Organization of regular sports training and coaching programmes.

Encouragement of student participation in competitive sports.

Identification and promotion of talented sportspersons.

Organization of annual sports events and fitness awareness programmes.

Exploration of collaboration with sports organizations and relevant government departments.

Proposed Sports Infrastructure Development Plan

Sl. No.	Proposed Sports Establishment	Purpose
1	Multipurpose Sports Ground	Football, athletics and outdoor activities
2	Volleyball Court	Training and competitions
3	Badminton Court	Indoor/outdoor badminton activities
4	Basketball Court	Training and competitive sports
5	Indoor Sports Room	Table tennis, chess and carrom
6	Fitness and Exercise Area	Physical fitness and wellness
7	Sports Equipment Storage Room	Safe storage and maintenance of equipment

Proposed Implementation Strategy

The college intends to undertake sports infrastructure development in phases, subject to the availability of funds, land, and necessary institutional and administrative approvals.

Short-term plan: Procurement of essential sports equipment and maintenance of existing facilities.

Medium-term plan: Development and improvement of outdoor courts and indoor sports facilities.

Long-term plan: Establishment of a multipurpose sports ground and comprehensive sports infrastructure.

The college will explore financial assistance and support from government agencies, higher education authorities, sports departments, alumni, and other potential funding sources.

Expected Outcomes

The proposed development and improvement of sports facilities are expected to:

Provide better sports infrastructure and opportunities to students.

Promote physical fitness and a healthy lifestyle.

Encourage participation in inter-college and university-level competitions.

Identify and nurture talented sportspersons.

Develop teamwork, leadership, discipline, and sportsmanship.

Strengthen the overall academic and extracurricular environment of the institution.

Institutional Commitment

The college is committed to the continuous improvement of sports infrastructure and the promotion of physical education as an integral part of higher education.

The institution will make sustained efforts to establish new sports facilities, upgrade existing infrastructure, procure modern sports equipment, and create an encouraging environment for students interested in sports and physical activities.